Student Survey 2021

Please help us improve our program by answering these questions.

1. What are ways you can prevent getting a sunburn and being Sun Safe?
   - Wear sunscreen
   - Wear a hat
   - Stay in the shade
   - Stay inside between 10 AM and 4 PM
   - All of the above

2. When should you wear sunscreen?
   - Whenever you go outside
   - When it’s hot
   - Only in the summer
   - Only on sunny days

3. What factor should you consider when choosing a sunscreen?
   - SPF 30
   - Broad Spectrum (UVA/UVB)
   - Waterproof

4. What changes in your moles would you want to ask your parents or doctor about?
   - Asymmetry
   - Border
   - Colour
   - Diameter
   - Evolution
   - All of the above

5. What effect does tanning have on your body?
   - Increases risk of skin cancer
   - Increases wrinkles

6. Now that you know about skin cancer, will you...

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don't know</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use a tanning bed</td>
<td></td>
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<tr>
<td>Wear sunscreen</td>
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<tr>
<td>Check your skin monthly for moles</td>
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